

Cook wins long jump at Marion Relays

Written by Metro Sports Report

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Skylar Cook of Marion High School captured the long jump with a leap of 21 feet, 1/4 inch at the Marion Relays Monday at Thomas Park.

Western Dubuque won the team championship with 98.5 points. Marion finished fourth out of 13 teams.

Colton Forster of Marion finished second in the 3200 meter run in 9:46.38. The Indians also finished second in the shuttle hurdle relay in 1:00.44.

Marion placed third in the 4x200 relay in 1:33.77.

TEAM STANDINGS

1. Western Dubuque 98.5, 2. Center Point-Urbana 83, 3. Mount Vernon 82, 4. Marion 71, 5. Anamosa 60.83, 6. Solon 60.5, 7. Vinton-Shellsburg 57, 8. Monticello 53.33, 9. West Delaware 51.33, 10. DeWitt Central 48, 11. Benton Community 17, 12. Maquoketa Valley 11, 13. North Linn 9.

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WINNERS

100 - Matt Roeder, Solon, 11.65
200 - Brandon Kinsey, Center Point-Urbana, 22.70
400 - Brandon Kinsey, Center Point-Urbana, 51.72
800 - Nolan Teubel, Mount Vernon, 1:54.83
1600 - Joshua Yeager, Center Point-Urbana, 4:34.76
3200 - Joshua Yeager, Center Point-Urbana, 9:43.87
110 hurdles - Connor Ham, Solon, 14.44
400 hurdles - Jack Cochrane, Mount Vernon, 56.33
4x100 relay - Western Dubuque 44.22
4x200 relay - Western Dubuque 1:32.27
4x400 relay - Vinton-Shellsburg 3:29.46
4x800 relay - Mount Vernon 8:09.67
Distance medley - Monticello 3:39.77
Shuttle hurdle relay - Solon 59.81
High jump - Noah Steiner, Monticello, 6-4
Long jump - Skylar Cook, Marion, 21-0 1/4
Shot put - Tyler Johnson, Western Dubuque, 55-5 1/2
Discus - Tyler Johnson, Western Dubuque, 152-8