Prairie girls 3rd in Valley Division meet

Written by Metro Sports Report Thursday, 13 October 2011 21:18 -

lowa City West and Cedar Falls combined to sweep the top 10 spots at the Mississippi Valley Conference Valley Division girls cross country meet Thursday at Prairie.

West pulled out the team title with 25 points. Cedar Falls had 30. Prairie was third at 77, followed by Dubuque Hempstead (115), Xavier (130), Jefferson (167) and Waterloo East (202).

Cedar Falls junior Allison Gregg was the individual winner, running the 4k course in 15 minutes, 15 seconds. Iowa City West junior Molly Leveille was close behind in 15:18.

Prairie junior Beth Heims was 11th in 16:31 and senior Bree Gaster was 12th in 16:32.

Xavier was led by sophomore Marinna Schroud, who finished 21st in 17:11.

Jefferson's top finisher was junior Michelle Zikes, who was 26th in 17:24.

MVC VALLEY DIVISION MEET At Prairie

Teams

1. Iowa City West 25, 2. Cedar Falls 30, 3. Prairie 77, 4. Hempstead 115, 5. Xavier 130, 6. Jefferson 167, 7. Waterloo East 202.

Individuals

1. Allison Gregg (CF)	15:15
2. Molly Leveille (ICW)	15:18
3. Pombie Silverman (ICW)	15:26
4. Brianna King (CF)	15:43
5. Ashley Knudson (ICW)	16:11
6. Hannah Savage (CF)	16:11
7. Ashlynn Yokom (ICW)	16:12
8. Olive Carrollhach (ICW)	16:18
9. Kate Halloran (CF)	16:24

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10.	Kaitlyn	Hennings	(CF)	16:26
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PRAIRIE

11. Beth Heims	16:31
12. Bree Gaster	16:32
16. Maddie Rainey	16:50
18. Anastasia Jordan	16:59
20. Katie Costigan	17:02
34. Holly Wisnousky	18:32
35. Anna Rubsam	18:35

XAVIER

21. Marinna Schroud	17:11
23. Sarah Chicchelly	17:15
25. Ann Glavan	17:22
29. Allison Pitz	17:40
32. Rachel Sigmon	18:01

JEFFERSON

00 Mishalla 7:1	17.04
26. Michelle Zikes	17:24
27. Rachel Sedlacek	17:36
37. Bethany Polansky	19:07
38. Carson Burgart	19:08
29. Rachel Broghammer	19:24
41. Jennifer McDowell	19:50