

## Thoma, Nelson lead Wash swimmers

Written by Metro Sports Report  
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Delaney Thoma and Emily Nelson were triple-winners Tuesday night as the Washington Warriors rolled by Hempstead, 128-42, in a Mississippi Valley Conference swim meet at Washington.

Thoma claimed the 500 freestyle and swam on the triumphant 200 freestyle relay and 400 freestyle relay. Nelson captured the 100 fly and swam on the victorious 200 medley relay and 400 freestyle relay.

Lauren Havertape, Hannah Williams, Lucy Ernst, Logan Eckhardt and Alyssa Harris were double-winners for the Warriors.

WASHINGTON 128, HEMPSTEAD 42

200 medley relay - Washington (Morgan Chambers, Caitlin Sievers, Lauren Havertape, Emily Nelson) 2:01.84

200 free - Megan Schill, Hempstead, 2:05.58

200 IM - Hannah Williams, Washington, 2:32.58

50 free - Lauren Havertape, Washington, 26.46

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Diving - Amara Taylor, Washington, 191.45

100 fly - Emily Nelson, Washington, 1:05.04

100 free - Lucy Ernst, Washington, 1:00.70

500 free - Delaney Thoma, Washington, 5:47.26

200 free relay - Washington (Logan Eckhardt, Alyssa Harris, Hannah Williams, Delaney Thoma)  
1:50.38

100 back - Kaitlyn Nemickas, Washington, 1:06.74

100 breast - Logan Eckhardt, Washington, 1:14.56

400 free relay - Washington (Emily Nelson, Lucy Ernst, Delaney Thoma, Alyssa Harris) 4:00.95