

## Forster races to title in Cascade

Written by Metro Sports Report  
Saturday, 20 September 2014 09:17 -

---

CASCADE - Colton Forster of Marion won the Cascade Invitational cross country race in 17 minutes, 7 seconds on Friday.

Forster claimed the title by 15 seconds. Mount Vernon/Lisbon nipped Marion for the team championship in the Class 3A-4A standings, 37-42. The Xavier Saints placed fourth, led by Steven Culpepper in sixth place.

Madison Bach of Marion placed fourth in the girls race. Jenny Dickes of Xavier was fifth.

### BOYS 3A-4A RESULTS

#### Team Standings

1. Mount Vernon/Lisbon 37, 2. Marion 42, 3. Western Dubuque 71, 4. Xavier 88, 5. DeWitt Central 163, 6. West Delaware 175, 7. Assumption 180, 8. Maquoketa 209.

#### Top 5 Individuals

1. Colton Forster, Marion 17:07

2. Nolan Teubel, Mt Vernon 17:22

3. Reid Smock, Mt Vernon 17:26

## Forster races to title in Cascade

Written by Metro Sports Report  
Saturday, 20 September 2014 09:17 -

---

4. Isaac Connolly, W.Dubuque 17:35

5. Alex Behnke, W.Dubuque 17:40

Marion: 1. Colton Forster 17:07, 8. Myles Bach 17:50, 9. Austin Yirkovsky 17:55, 10. Jeremy Fopma 17:58, 14. Jacob Manderscheid 18:08.

Xavier: 6. Steven Culpepper 17:43, 16. Nick Koechner 18:22, 17. Johnathan Francois 18:25, 24. Evan Gradoville 19:06, 25. John Pape 19:16.

## GIRLS 3A-4A RESULTS

### Team Standings

1. Assumption 27, 2. Western Dubuque 74, 3. Xavier 107, 4. Marion 107, 5. West Delaware 108, 6. Center Point-Urbana 112, 7. DeWitt Central 122.

### Top 5 Individuals

1. Joy Ripslinger, Assumption 15:45

2. Mallory King, Assumption 16:31

3. Julia Schumacher, Assumption 16:36

## Forster races to title in Cascade

Written by Metro Sports Report  
Saturday, 20 September 2014 09:17 -

---

4. Madison Bach, Marion 16:41

5. Jenny Dickes, Xavier 16:57

Xavier: 5. Jenny Dickes 16:57, 17. Kiana Stanek 18:10, 18. Emiko Coffey 18:16, 31. Lydia Brown 18:54, 36. Faith Satern 19:20.

Marion: 4. Madison Bach 16:41, 20. Sydney Brase 18:22, 23. Skylar Dede 18:29, 27. Andrea Ertz 18:51, 33. Ellie Konzett 18:59.