

Julie Kadlec honored by IGHSAU

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Julie Kadlec of Xavier is the 2017 golf recipient of the Golden Plaque Award from the Iowa Girls' High School Athletic Union.

The award honors an Iowa coach who has demonstrated a successful career while making notable contributions toward their school, community and the coaching profession.

Kadlec has been coaching golf since 1980. She started coaching at Cedar Rapids Regis and has been at Xavier since 1988.

Four of Kadlec's teams have reached the Iowa State Golf Tournament, highlighted by the 2014 team that won the Class 4A title by 53 strokes. That same year, Maddie Bertsch of Xavier was the 4A state medalist.

Kadlec has had seven individual state qualifiers and 15 of her players have competed in college.

In addition to coaching golf, Kadlec started the Regis volleyball program. She also has coached gymnastics and cheerleading and has taught Fitness and Wellness for many years.