

## **Volk takes shot put at Hawkins Relays**

Written by Metro Sports Report  
Wednesday, 12 April 2017 04:52 -

---

Josh Volk of Xavier won the shot put Tuesday with a heave of 49 feet, 2 inches at the Hawkins Relays at Prairie High School.

The Saints finished second in the 3200 relay and placed third in the sprint medley relay.

Joe Scieszinski finished third in the 3200 meter run in 10:27.03 for Xavier.

Prairie won the team championship. Xavier placed sixth out of eight teams.