

## Ulmer wins Metro Spotlight Award

Written by Metro Sports Report

Sunday, 20 October 2013 21:00 - Last Updated Sunday, 20 October 2013 21:14

---



Kenan Ulmer of Cedar Valley Christian is this week's winner of the Metro Spotlight Award for high school boys, the Metro Sports Report announced Sunday.

Ulmer plays football for Cedar Valley Christian and had a big night for the Huskies during their 70-36 loss at Elkader Central Friday.

Ulmer passed for two touchdowns, ran for two touchdowns, returned a kickoff for a touchdown and ran for three 2-point conversions. He had a hand in all 36 points for his team.

Ulmer, a junior, has passed for 566 yards and seven touchdowns this season. He also has carried the ball 108 times for 326 yards and six TDs. All told, he has scored 50 of Cedar Valley's 100 points. He also plays defense and has 39 tackles.

Ulmer is the first student-athlete from Cedar Valley Christian to win the Metro Spotlight Award.

Here is our Question-&-Answer session with Kenan Ulmer:

MSR: What is your favorite individual highlight in sports?

KENAN: My favorite individual sports highlight would have to be when I ran a kickoff return for a touchdown against Elkader Central.

## Ulmer wins Metro Spotlight Award

Written by Metro Sports Report

Sunday, 20 October 2013 21:00 - Last Updated Sunday, 20 October 2013 21:14

---

MSR: What is your favorite team highlight in sports?

KENAN: My favorite team highlight was this year when we defeated CAL Latimer in the scrimmage before the season officially started. It was the first victory in Cedar Valley football history. It was also special for me because I had to sit out all last season due to the transfer rule, which meant it was my first Cedar Valley football game.

MSR: Who has had the biggest influence in your sports career?

KENAN: There are two people who have had a big influence on my sports career. First is my father. He has always encouraged me to do my very best in every activity that I've participated. He has also been my weightlifting trainer, which has given me the ability to play the way I have this year. Without his support and dedication, this year would not have been possible.

The second person that has influenced my sports career is Johnny Manziel (of Texas A&M). I try to model my performances on the field after his.

MSR: What are your future goals in sports?

KENAN: I'm going to play my senior year of football next year, then I plan to search for a small college that would give me the opportunity to play on their football team.

MSR: What are your favorite classes in school?

KENAN: My favorite subject in school would have to be math. Math is my favorite because it's something that I have easily understood from an early age.

## Ulmer wins Metro Spotlight Award

Written by Metro Sports Report

Sunday, 20 October 2013 21:00 - Last Updated Sunday, 20 October 2013 21:14

---

MSR: What has been your favorite community service project?

KENAN: My favorite community service project that I've participated in was going to Minneapolis on a mission trip with my church. We gave food and clothes to people that were in need and we provided a safe environment for children who lived in the providence.