

Cougars, Jenks win regional swim titles

Written by Metro Sports Report

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Cedar Rapids Kennedy and Jennifer Jenks were the big winners at the regional swimming meets on Saturday.

Kennedy trimmed Iowa City West, 432.5 to 424, for the team championship at the regional in Iowa City and qualified for the state meet in nine events.

Michele Wasta of Kennedy won the regional title in the 100 butterfly. The Cougars also claimed regional crowns in the 200 medley relay and 200 freestyle relay.

Jenks, a freshman at Linn-Mar, captured the 50 freestyle and the 100 freestyle at the regional meet in Cedar Falls. Her time of 51.30 seconds in the 100 freestyle leads all qualifiers for the state meet.

Linn-Mar qualified for the state meet in Marshalltown next Saturday in eight events.

Jefferson freshman Kelsey Drake did not win any regional titles Saturday in Clinton, but she qualified second for the state meet in the 100 butterfly and qualified fourth in the 200 IM. The J-Hawks advanced to state in four events.

The Washington Warriors qualified in three events.

METRO STATE QUALIFIERS

KENNEDY

4th - Brooke Timmerman, 100 breaststroke, 1:07.88

7th - 200 freestyle relay 1:39.01

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10th- 200 medley relay 1:52.06
10th - Sam Jacobsen, 100 backstroke, 59.78
11th - 400 freestyle relay 3:41.44
12th - Brooke Timmerman, 200 IM, 2:14.81
20th - Kirsten Siebenga, 50 free, 24.86
20th - Michele Wasta, 100 butterfly, 1:01.30
24th - Hannah Botkin, 100 freestyle, 55.23

LINN-MAR

1st - Jenn Jenks, 100 freestyle, 51.30
2nd - Jenn Jenks, 200 freestyle, 1:53.62
9th - 200 freestyle relay 1:39.19
12th - Samantha Fitzgerald, 100 breaststroke, 1:08.90
13th - Samantha Fitzgerald, 100 butterfly, 1:00.75
14th - Steph Jenks, 500 freestyle, 5:19.87
14th - 400 freestyle relay 3:42.07
21st - 200 medley relay 1:55.84

JEFFERSON

2nd - Kelsey Drake, 100 butterfly, 56.70
4th - Kelsey Drake, 200 IM, 2:09.88
19th - 200 freestyle relay 1:41.95
21st - Jaylee Chung, 200 free, 1:59.05

WASHINGTON

20th - 200 medley relay 1:54.94
20th - Logan Eckhardt, 100 breaststroke, 1:10.15
23rd - 200 freestyle relay 1:43.24

IOWA CITY REGIONAL

Team Standings

1. Kennedy 432.5, 2. Iowa City West 424, 3. Muscatine 413.5, 4. Iowa City High 235, 5. Washington 190, 6. Grinnell 134, 7. Keokuk 127, 8. Williamsburg 95, 9. Fairfield 82.

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Regional Champions

200 medley relay - Kennedy (Jacobsen, Timmerman, Wasta, Siebenga) 1:52.06

200 freestyle - Taylor Beadle, Muscatine, 1:55.68

200 IM - Erica Hsu, Iowa City West, 2:11.85

50 freestyle - Sarah Schemmel, Muscatine, 24.47

100 butterfly - Michele Wasta, Kennedy, 1:01.30

100 freestyle - Sarah Schemmel, Muscatine, 53.20

500 freestyle - Erica Hsu, Iowa City West, 5:09.57

200 freestyle relay - Kennedy (Botkin, Jacobsen, Timmerman, Siebenga) 1:39.01

100 backstroke - Lilian Zhu, Iowa City West, 58.64

100 breaststroke - Lizzie Brown, Iowa City High, 1:06.32

400 freestyle relay - Muscatine 3:38.09

CEDAR FALLS REGIONAL

Team Standings

1. Cedar Falls 515, 2. Linn-Mar 384, 3. Dubuque Senior 346, 4. Dubuque Wahlert 216, 5. Decorah 208, 6. Waterloo West 163, 7. Hempstead 141, 8. Charles City 68.

Regional Champions

200 medley relay - Cedar Falls 1:50.08

200 freestyle - Jenn Jenks, Linn-Mar, 1:53.62

200 IM - Catherine Sell, Cedar Falls, 2:11.73

50 freestyle - Molly Lembezeder, Dubuque Senior, 24.11

100 butterfly - Meghan Hackett, Cedar Falls, 58.74

100 freestyle - Jenn Jenks, Linn-Mar, 51.30

500 freestyle - Brittany Moffatt, Cedar Falls, 5:05.76

200 freestyle relay - Cedar Falls 1:37.85

100 backstroke - Shelby Cline, Cedar Falls, 59.29

100 breaststroke - Natalie Shimp, Cedar Falls, 1:08.37

400 freestyle relay - Cedar Falls 3:36.97

CLINTON REGIONAL

Team Standings

1. Pleasant Valley 502, 2. Bettendorf 487, 3. Davenport West 292, 4. Davenport Central 190, 5.

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Jefferson 141, 6. Davenport North 105, 7. Clinton 102, 8. Tipton 90, 9. Burlington 70.

Regional Champions

200 medley relay - Pleasant Valley 1:48.21

200 freestyle - Shannon Carney, Bettendorf, 1:53.79

200 IM - Sydney Angell, Pleasant Valley, 2:08.45

50 freestyle - Maddy Burnham, Bettendorf, 23.47

100 butterfly - Maddy Burnham, Bettendorf, 56.44

100 freestyle - Shannon Carney, Bettendorf, 52.82

500 freestyle - Kaitlyn Housenga, Pleasant Valley, 5:09.64

200 freestyle relay - Bettendorf 1:36.87

100 backstroke - Claire Straetker, Davenport West, 1:00.68

100 breaststroke - Sydney Angell, Pleasant Valley, 1:05.88

400 freestyle relay - Pleasant Valley 3:37.63