

Linn-Mar girls win West Delaware Invite

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MANCHESTER - Carolyn Newhouse and Amanda Piche collected impressive victories Thursday as Linn-Mar won the West Delaware Invitational girls track meet.

Newhouse captured the 1500-meter run in 5:00.39, beating the runnerup by more than seven seconds. Piche took the discus at 140 feet, 8 inches, topping the second-place finisher by 26 feet.

Linn-Mar also won the 4x400 relay and the 4x800 relay.

The Lions finished with 112 points in the 11-team field to beat Western Dubuque by 13.5 points. Marion finished last with 18.5 points. The Indians placed second behind Linn-Mar in the 4x800 relay.

TEAM STANDINGS

1. Linn-Mar 112, 2. Western Dubuque 98.5, 3. Central Elkader 82, 4. Cascade 80.5, 5. West Delaware 47, 6. Maquoketa Valley 37, 7. Vinton-Shellsburg 32, 8. (tie) Maquoketa 31, Edgewood-Colesburg 31; 10. Independence 19.5, 12. Marion 18.5.

100 - Tessa Helmle, Cascade, 12.88; 200 - Aubree Taylor, Maquoketa, 26.66 (Ellie Rizor, Linn-Mar, 5th, 28.38; Morgan Kolarik, Marion, 6th, 28.66); 400 - Kristy Lueken, Ed-Co, 1:02.00 (Leah Kremer, Linn-Mar, 5th, 1:05.04); 800 - Brette Correy, Western Dubuque, 2:24.88 (Allison Scott, Marion, 4th, 2:29.25; Morgan Uridil, Linn-Mar, 5th, 2:33.97).

100 hurdles - Emily Ruhser, Central Elkader, 15.58 (Mallory Young, Linn-Mar, 3rd, 16.84; Meghan Holdgrafer, Linn-Mar, 4th, 16.90); 1500 - Carolyn Newhouse, Linn-Mar, 5:00.39 (Brooklyn Kascel, Linn-Mar, 5th, 5:28.43); 3000 - Dakota Tell, Western Dubuque, 10:49.11

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(Claire Tupper, Linn-Mar, 12:35.44).

400 hurdles - Sara Davis, Western Dubuque, 1:10.86 (Madison Esker, Linn-Mar, 2nd, 1:12.48); Discus - Amanda Piche, Linn-Mar, 140-8; High jump - (tie) Laura Hoffman, West Delaware, 4-10; Laura Osterhaus, Maquoketa, 4-10 (Sara Strauel, Linn-Mar, 3rd, 4-8; Claire Meyer, Linn-Mar, 5th, 4-6).

Long jump - Madison Miller, West Delaware, 16-5 3/4 (Ellie Rizor, Linn-Mar, 4th, 15-7 1/2; Angie Williams, Marion, 5th, 15-7); Shot put - Jessie Hoffman, Western Dubuque, 37-8; 4x100 relay - Vinton-Shellsburg 52.25 (Linn-Mar, 3rd, 53.98); 4x200 relay - Cascade 1:49.37 (Linn-Mar, 2nd, 1:51.70; Marion, 4th, 1:53.69).

4x400 relay - Linn-Mar 4:14.41; 4x800 relay - Linn-Mar (Audra Schminke, Carolyn Newhouse, Morgan Uridil, Brooklyn Kascel) 10:02.58; Shuttle hurdle relay - Central Elkader 1:09.23 (Linn-Mar, 2nd, 1:09.59); Sprint medley - Cascade 1:53.30 (Linn-Mar, 3rd, 1:56.46); Distance medley - Western Dubuque 4:27.48 (Linn-Mar, 2nd, 4:38.73).