

Jenks sets 2 records in Iowa City

Written by Metro Sports Report

Tuesday, 31 March 2015 22:17 - Last Updated Tuesday, 31 March 2015 22:27

IOWA CITY - Linn-Mar junior Stephanie Jenks smashed two meet records at the Women of Troy Relays in Iowa City Tuesday.

Jenks blazed to victory in the 800 meter run in 2 minutes, 14.38 seconds, breaking the old mark of 2:17.69 set by Erin Penticoff of Xavier in 2003.

She captured the 1500 in 4 minutes, 35.77 seconds, snapping her own meet record of 4:42.94 set as a freshman in 2013.

Jenks ran the fastest times in the state this year in both events. She also ranks No. 1 in the state in the 3000.

Iowa City West nipped Linn-Mar for the team championship, 146 to 145. Prairie placed third, Kennedy fifth and Xavier seventh.

Linn-Mar freshman Payton Wensel continued to shine this season for the Lions. She captured the 200 meter dash in 26.14 seconds, anchored the 4x200 relay to victory and ran the second leg on the triumphant 4x400 relay.

Ariana Rolle of Linn-Mar claimed the long jump at 17 feet and Lannie Nietert took the shot put for the Lions at 40 feet, 8 1/2 inches.

Wensel's time of 26.14 in the 200 is tied for fourth-best in the state. Rolle's jump of 17 feet ranks fifth in the state.

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Amarri Waller of Kennedy won the 100 meter dash in 12.88 seconds. Prairie claimed the 4x100 relay in 51.81 seconds.

TEAM STANDINGS

1. Iowa City West 146, 2. Linn-Mar 145, 3. Prairie 88, 4. Iowa City High 62, 5. Kennedy 54, 6. Muscatine 53, 7. Xavier 35, 8. Burlington 5.

WINNERS

100 - Amarri Waller, Kennedy, 12.88
200 - Payton Wensel, Linn-Mar, 26.14
400 - Tia Saunders, Iowa City West, 1:00.57
800 - Stephanie Jenks, Linn-Mar, 2:14.38
1500 - Stephanie Jenks, Linn-Mar, 4:35.77
3000 - Olivia Moore, Iowa City West, 11:11.83
100 hurdles - Valerie Welch, Iowa City West, 15:45
400 hurdles - Valerie Welch, Iowa City West, 1:08.89
4x100 relay - Prairie (Leah Flickinger, Katie VanDooren, Jenna Ross, Kenzie Soeken) 51.81
4x200 relay - Linn-Mar (Brooke Lorenz, Sarah Renner, Amber Decker, Payton Wensel) 1:46.90
4x400 relay - Linn-Mar (Kali Nickel, Payton Wensel, Hanna Saville, Amber Decker) 4:06.23
4x800 relay- Muscatine 9:38.26
Sprint medley relay - Iowa City High 1:52.59
Distance medley - Iowa City West 4:19.37
Shuttle hurdle relay - Iowa City West 1:09.46
High jump - Rose Gamamou, Iowa City High, 5-5
Long jump - Ariana Rolle, Linn-Mar, 17-0
Shot put - Lannie Nietert, Linn-Mar, 40-8 1/2
Discus - Leah Dusterhoft, Iowa City West, 126-7

METRO PLACEWINNERS

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Top 3

LINN-MAR

- 2. Amber Decker, 800, 2:19.63
- 2. 4x100 relay 52.73
- 2. Distance medley 4:37.09
- 2. Brooke Lorenz, Linn-Mar, 16-6
- 3. Hanna Saville, 400, 1:03.11
- 3. Morgan Garcia, 3000, 11:36.19
- 3. Jaclyn Simons, 400 hurdles, 1:13.37
- 3. 4x800 relay 10:19.90
- 3. Lannie Nietert, discus, 102-3

PRAIRIE

- 2. Kirstin Skriver, 400, 1:01.00
- 2. Hannah Frazee, 3000, 11:14.27
- 2. Sprint medley relay 1:56.52
- 2. Shuttle hurdle relay 1:11.66
- 3. Jenna Ross, 200, 27.64
- 3. Katie VanDooren, 100 hurdles, 17:35
- 3. Kenzie Soeken, high jump, 5-2
- 3. Markquitta Soto, shot put, 37-11 1/2

KENNEDY

- 2. Amarri Waller, 200, 27.39
- 2. 4x200 relay 1:52.54
- 2. Kay Beer, High jump, 5-3

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XAVIER

- 2. Meghan Joens, discus, 110-8
- 3. 4x100 relay 53.64
- 3. Distance medley 4:38.32