# Wensel runs fastest 200 in state

Written by Metro Sports Report
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BETTENDORF - Linn-Mar freshman Payton Wensel ran the fastest 200 meter dash in the state Friday night when she was timed in 25.3 seconds at the Pleasant Valley Invitational.

Amber Decker claimed the 800 meter run in 2:17.93 and Ariana Rolle captured the long jump at 17-0 1/4 for the Lions.

Pleasant Valley won the championship with 143 points. Linn-Mar finished second with 96 points.

The Lions claimed the sprint medley in 1:50.47, the third-fastest time in the state this year. Linn-Mar also won the distance medley in 4:27.47.

## TEAM STANDINGS

1. Pleasant Valley 143, 2. Linn-Mar 96, 3. Wahlert 88, 4. Iowa City West 76, 5. Bettendorf 59, 6. North Scott 45, 7. Iowa City High 41, 8. Clinton 40.

## WINNERS

100 - Laura Sherman, Wahlert, 12.42
200 - Payton Wensel, Linn-Mar, 25.30
400 - Alli Wroblewski, Bettendorf, 1:00.75
800 - Amber Decker, Linn-Mar, 2:17.93
100 hurdles - Carly Donahue, Pleasant Valley, 14.94
1500 - Haley Humphrey, Bettendorf, 4:55.00
3000 - McKenzie Yanek, Pleasant Valley, 10:18.06
400 hurdles - Valerie Welch, IC West, 1:06.54
Discus - Maddie Nilles, Wahlert, 139-1

High jump - Annie Brown, Pleasant Valley, 5-3
Long jump - Ariana Rolle, Linn-Mar, 17-0 1/4
Shot put - Erika Hammond, Clinton, 43-8 3/4
4x100 relay - Pleasant Valley 50.39
4x200 relay - Wahlert 1:49.02
4x400 relay - Pleasant Valley 4:04.47
4x800 relay - Bettendorf 10:06.66
Shuttle hurdle relay - Pleasant Valley 1:07.29
Sprint medley - Linn-Mar 1:50.47
Distance medley - Linn-Mar 4:27.47


**LINN-MAR PLACEWINNERS**
**Top 3**


2. Morgan Garcia, 1500, 4:55.01
2. 4x200 relay 1:49.85
3. Ella Pannkuk, 400 hurdles, 1:12.73
3. Brooke Lorenz, long jump, 16-4 1/4
3. 4x100 relay 52.71
3. 4x400 relay 4:09.72

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