Written by Scott Unash Tuesday, 16 August 2011 19:53 - Last Updated Tuesday, 16 August 2011 21:09



Let's take one final look at the 2010-11 lowa High School Athletic year before we turn the page to this coming season, which is already underway with 4A boys golf in full swing (no pun intended).

I have come up with my unofficial Boys and Girls All-Around Excellence Sports standings for the past year in Class 4A, and will try to get to Class 3A soon and see how Marion came out.

Here's how it works. I concentrate on the top five teams in each sport, the champion gets five points, the runner-up four points and so on. The semifinal losing teams get three apiece and the teams that lose in the quarterfinals all get one point for tying for fifth place in essence.

So without further adieu here are the standings for this past year:

## **BOYS**

- 1. West Des Moines Dowling 22 points
- 2. Iowa City West 21
- 3. West Des Moines Valley 15
- 4. Bettendorf 13
- 5. Cedar Falls 12
- 6. Linn-Mar 9
- 7. Waverly-SR 8
- t8. C.R. Kennedy 7
- t8. Dubuque Senior 7
- t8. Ames 7
- t8. SE Polk 7

## **GIRLS**

- 1. Iowa City West 20 points
- t2. Ankeny 15
- t2. West Des Moines Valley 15
- t4. Ames 10
- t4. West Des Moines Dowling 10
- t4. Des Moines East 10

## 2011-12...Which school was the best?

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t7. Iowa City High 9

t7. Pleasant Valley 9

9. CR Xavier\* 8

t10. Cedar Falls 6

t10. Bettendorf 6 pts

\*Xavier won Class 2A Soccer title which was included.

We are now ready to go for 2011-12!

The golf is underway and pretty soon the footballs and volleyballs will be flying as well, along with the runners taking to the trails of Eastern Iowa.

## Good luck to all!

(Scott Unash is the sports and program director at KGYM-AM 1600. He is a six-time winner of the Iowa Broadcast News Association play-by-play Announcer of the Year Award. Scott and Mark Dukes co-host the Gym Class weekdays from 3-4 p.m. on KGYM)