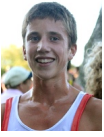


Josh Evans climbs to No.1 in cross country

Written by Metro Sports Report

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Linn-Mar sophomore Josh Evans has moved into the No.1 spot in the Class 4A cross country rankings after his impressive performance at the Heartland Classic in Ames Saturday.

Evans placed second at the Heartland Classic behind a runner from Minnesota, but he finished ahead of the runners from Iowa who were ranked 1-2 in the poll last week.

Evans was ranked No.3 last week, but he climbed past Cole Decker of Dowling Catholic and Ben Anderson of West Des Moines Valley this week. Decker fell from No.1 to No.3 and Anderson stayed in the No.2 spot.

Etienne Nzoyisaba and Robert Hogg of Washington are ranked 5th and 6th this week. Jacob Aune and Mitch Pritts of Prairie are ranked 17th and 20th. Chase Grabau of Linn-mar is ranked 23th and Trevor Oates of Kennedy is 24th.

Lukas Meese of Marion is ranked No.4 in Class 3A.

Five members of the Linn-Mar girls cross country team are ranked in the Top 25 in Class 4A with Carolyn Newhouse 4th, Brooklyn Kascel 18th, Morgan Uridil 19th, Maddie Saville 24th and Rachel Perry 25th.

Katie Wampole of Kennedy is ranked 29th and Shannon Gorman of Washington is 30th. Karissa Schweizer of Dowling Catholic is ranked No.1 in