

## Linn-Mar girls race to 4A regional title

Written by Jim Ecker

Thursday, 20 October 2011 22:51 - Last Updated Friday, 21 October 2011 03:38

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MARSHALLTOWN - The Linn-Mar High School girls cross country team flexed its muscles at the Class 4A regional meet at Marshalltown Community College Thursday afternoon.

The Lions placed five runners in the top-11 and won the team championship with 33 points on a chilly, windy day.

Carolyn Newhouse led Linn-Mar in third place in 15 minutes, 17 seconds as the Lions qualified for the state meet in Fort Dodge on Oct. 29. Rachel Perry placed fourth, Morgan Uridil sixth, Maddie Saville ninth and Brooklyn Kascel 11th.

Molly Leveille and Pombie Silverman finished 1-2 for Iowa City West. Leveille won the race in 15 minutes, 10 seconds. Silverman was second in 15:15, with Newhouse third.

"It wasn't what I wanted," Newhouse said. "I've been dealing with some injuries, so hopefully I can be healthy by next week. I'd like to be in that top tier of girls."

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Newhouse is ranked third in the state cross country rankings, while Leveille is ranked 13th and Silverman is 23rd.

Linn-Mar is ranked second in the state team rankings behind Dowling Catholic. The Lions run in a pack and will be chasing Dowling for the team championship in Fort Dodge.

"We want to catch Dowling, but of course that's a big goal to have," Newhouse said.



Caitlin Novak finished 12th for Linn-Mar but was not needed in the team standings. Novak would have been the No. 1 finisher for seven of the teams that competed Thursday, but she was only the sixth-best runner for the Lions.

Iowa City West finished second in the team standings with 45 points and Johnston was third with 53. The top-3 teams and the top-10 individuals qualified for the state meet.

Prairie finished fourth with 132 points. Bree Gaster led the Hawks in 19th place.

### TEAM STANDINGS

1. Linn-Mar 33, 2. Iowa City West 45, 3. Johnston 53, 4. Prairie 132, 5. Marshalltown 157, 6. Southeast Polk 163, 7. Ottumwa 178, 8. Newton 223, 9. Des Moines East 289, 10. Des Moines Lincoln 320.

### TOP 10 INDIVIDUALS

1. Molly Leveille, IC West 15:10
2. Pombie Silverman, IC West 15:15
3. Carolyn Newhouse, Linn-Mar 15:17
4. Rachel Perry, Linn-Mar 15:25
5. Ashlynn Yokom, IC West 15:29
6. Mogan Uridil, Linn-Mar 15:30

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- 7. Maddie Kleve, Johnston 15:30
- 8. Kenzie Foldes, Johnston 15:37
- 9. Maddie Saville, Linn-Mar 15:44
- 10. Jordyn Kleve, Johnston 15:46

LINN-MAR - 3. Carolyn Newhouse 15:17, 4. Rachel Perry 15:25, 6. Morgan Uridil 15:30, 9. Maddie Saville 15:44, 11. Brooklynn Kascel 15:53, 12. Caitlin Novak 15:57, 24. Olivia Miller 16:39.

PRAIRIE - 19. Bree Gaster 16:24, 22. Maddie Rainey 16:31, 25. Beth Heims 16:43, 31. Anastasia Jordan 17:16, 35. Katie Costigan 17:33, 38. Amanda Weyer 17:43, 50. Abby Rubsam 18:29.