Written by Metro Sports Report

DUBUQUE - Freshman Stephanie Jenks ran a torrid pace to claim first place and guided Linn-Mar to the Mississippi Valley Conference Valley Division girls cross country title Thursday at the Dubuque Soccer Complex.

The Lions placed six runners in the top 10 and whipped second place Cedar Falls, 26-51.

Jenks ran a 4-kilometer time of 13 minutes, 21 seconds that beat second place Allison Gregg by 40 seconds.

Amber Decker finished fourth, Rachel Perry sixth, Maddie Saville seventh, Morgan Garcia eighth and Sydney Johnston 10th for the Lions.

Xavier was fourth, Prairie fifth and Washington seventh.

Shannon Gorman of Washington finished third. Jenny Dickes was Xavier's top finisher in 11th place and Maddie Rainey finished 12th to lead Prairie.

Linn-Mar also won the boys championship, despite running without standout junior Josh Evans.

The Lions edged Cedar Falls by two points, 54-56.

The Lions placed five runners in the top 15. Cedar Falls had four runners in the top 11, but the Tigers' fifth runner came in 24th.

## Linn-Mar harriers sweep Valley titles

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Washington was third, Prairie fourth and Xavier seventh.

Chase Grabau and Tanner Rathje came in sixth and seventh, respectively, to lead Linn-Mar.

Prairie's Mitch Pritts won the 5-kilometer race in 15 minutes, 36 seconds. Washington's Joe Berry and Etienne Nzoyisaba finished third and fourth, respectively.

Xavier's top finisher was Luke Koechner in 26th.

MVC VALLEY DIVISION MEET At Dubuque Soccer Complex

Girls (4k)

#### Teams

1. Linn-Mar 26, 2. Cedar Falls 51, 3. Dubuque Wahlert 105, 4. Xavier 113, 5. Prairie 129, 6. Waterloo West 137, 7. Washington 159

## Top 10 Individuals

- 1. Stephanie Jenks (LM) 13:21
- 2. Allison Gregg (CF) 14:01
- 3. Shannon Gorman (CRW) 14:16
- 4. Amber Decker (LM) 14:26
- 5. Brianna King (CF) 14:36
- 6. Rachel Perry (LM) 14:48
- 7. Maddie Saville (LM) 14:51
- 8. Morgan Garcia (LM) 15:12
- 9. Sammie Sproul (WW) 15:16
- 10. Sydney Johnston (LM) 15:20

Linn-Mar - 1. Jenks 13:21, 4. Decker 14:26, 6. Perry 14:48, 7. Saville 14:51, 8. Garcia 15:12, 10. Johnston 15:20

Xavier - 11. Jenny Dickes 15:23, 19. Marinna Schroud 15:47. 26. Allison Pitz 16:02, 27.

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Madeline Bailey 16:05, 30. Sydney Oakley 16:09, 32. Sarah Chicchelly 16:10, 44. Eileen Fagan 16:45

Prairie - 12. Maddie Rainey 15:24, 15. Katie Costigan 15:30, 24. Beth Heims 15:59, 37. Amanda Weyer 16:25, 41. Anna Rubsam 16:35, 42. Sarah Meyers 16:41, 46. Holly Wisnousky 16:53

Washington - 3. Gorman 14:16, 34. Madison Stuckenschneider 16:15, 39. Kristin Mackenburg 16:29, 40. MJ Kamin 16:32, 43. Morgan Stuckenschneider 16:43, 45. Sarah Witt 16:50, 48. Megan Muller 17:17

# Boys (5k)

### Teams

1. Linn-Mar 54, 2. Cedar Falls 56, 3. Washington 76, 4. Prairie 93, 5. Waterloo West 94, 6. Dubuque Wahlert 145, 7. Xavier 170

# Top 10 Individuals

- 1. Mitch Pritts (CRP) 15:36
- 2. Jaime Zarate (CF) 15:43
- 3. Joe Berry (CRW) 15:51
- 4. Etienne Nzoyisaba (CRW) 15:55
- 5. Brien Nugent (Wahlert) 15:58
- 6. Chase Grabau (LM) 16:02
- 7. Tanner Rathje (LM) 16:02
- 8. Anthony Ohl (WW) 16:09
- 9. Jonathan Smith (CF) 16:13
- 10. ared Failor (CF) 16:17

Linn-Mar - 6. Grabau 16:02, 7. Rathje 16:02, 12. Michael Mather 16:21, 14. Keegan Cook 16:22, 15. Kyle Read 16:26, 17. Jay Halverson 16:34, 29. Matt Wempen 16:58

Washington - 3. J.Berry 15:51, 4. Nzoyisaba 15:55, 18. Trevor Luebe 16:36, 23. Jon Rockwell 16:44, 28. Matt Wittman 16:57, 33. Robbie Gearhart 17:05, 37. Finbar Berry 17:20

Prairie - 1. Pritts 15:36, 16. Isaiah Vlasek 16:33, 20. Zach Waite 16:38, 25. Luke Galloway 16:55, 31. Ross Adams 17:04, 35. Connor Neuhaus 17:09, 39. Zack Fiser 17:25

Xavier - 26. Luke Koechner 16:57, 30. Jacob Schmitt 16:59, 36. Steven Culpepper 17:13, 38. Grant Hunt 17:21, 40. Daniel Pape 17:27, 47. Evan Gradoville 17:51, 48. Brandon Gradoville 18:37