Manning, Trcka earn MVC honors

Kennedy's Jake Manning and Xavier's Tara Trcka were two of the six Mississippi Valley Conference Athletes of the Week announced Monday.

Manning, a 6-foot-5 senior, scored 30 points in a pair of conference wins that kept Kennedy in second place in the Mississippi Division boys basketball race. Included was 21 points against Prairie that helped raise his league scoring average to 12-plus points per game.

Trcka, a sophomore bowler for Xavier, torched the lanes last Friday, rolling games of 267 and 247 for a 514 series that led the Saints past Washington. The 514 is the second-highest series by a conference girls bowler this season. She boosted her season average to 212.

MVC ATHLETES OF THE WEEK

Boys basketball -- Jake Manning, Kennedy

Girls basketball -- Sierra Chambers, Iowa City High

Boys bowling -- Jeff McCann, Waterloo East

Girls bowling -- Tara Trcka, Xavier

Boys swimming -- Josh Gill, Dubuque Senior

Wrestling -- Phillip Laux, Iowa City West