

Metro teams win 6 events in Dubuque

Written by Metro Sports Report

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DUBUQUE — Metro athletes won six events at the Harold Sweet Tri-State Invitational track meet in Dubuque on Thursday.

The Cedar Rapids Kennedy Cougars claimed three titles with Jacob Shannon in the 200 (22.84), Famiek Cook in the long jump (21-9 3/4) and the 4x100 relay.

The Cedar Rapids Jefferson J-Hawks captured two gold medals with Nate Karlan in the 100 meter dash (11.29) and the 4x100 relay.

The Cedar Rapids Washington Warriors won the distance medley.

Monticello won the meet with 89 points. The Prairie Hawks placed second with 87 markers in the 15-team meet. Cedar Rapids Kennedy finished third, Jefferson seventh and Washington eighth.