

Jones smashes 800 records for J-Hawks

Written by Metro Sports Report
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DUBUQUE - Cedar Rapids Jefferson senior Timauntay Jones shattered a pair of ancient records in the 800-meter run Monday when he was timed in 1 minute, 53.36 seconds at the MVC Mississippi Division meet in Dubuque.

Jones broke the Jefferson school record of 1:55.4 that was set by Ralf Trimble in 1959. He also broke the Mississippi Valley Conference mark of 1:53.6 that was established by Mark Steffen of Davenport West in 1968.

Jones, who has signed to run at the University of Northern Iowa, was named the Mississippi Division Athlete of the Year for his exploits.

Willie Rhoads of Kennedy also had a sensational performance Monday when he won the high jump at 6 feet, 8 inches.

John Koelling claimed the 400 meter dash for Kennedy with a swift clocking of 49.82 seconds. The Cougars also won the shuttle hurdle relay with Tom Kaiser, Derek Jacobus, Marcus Perkins and Sam Gray clocked in 58.37 seconds.

Iowa City West won the team title. Kennedy finished third and Jefferson was sixth.

TEAM STANDINGS

1. Iowa City West 156, 2. Iowa City High 101, 3. Kennedy 99, 4. Dubuque Senior 83, 5. Dubuque Hempstead 49, 6. Jefferson 41, 7. Waterloo East 28.

WINNERS

100 - Tavian Smith, IC West, 10.90
200 - Aaron Taylor, Waterloo East, 21.93
400 - John Koelling, Kennedy, 49.82
800 - Timauntay Jones, Jefferson, 1:53.36
1600 - Bailey Wetherell, IC West, 4:20.64

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3200 - Isaac Jensen, IC West, 9:40.24
110 hurdles - Andrew Gilbaugh, IC West, 15.06
400 hurdles - Matt Feeley, IC West, 54.92
4x100 relay - Iowa City High 42.74
4x200 relay - Waterloo East 1:30.45
4x400 relay - Dubuque Senior 3:25.86
4x800 relay - Iowa City West 7:56.12
Distance medley - Iowa City West 3:43.04
Shuttle hurdle relay - Kennedy 58.37
High jump - Willie Rhoads, Kennedy, 6-8
Long jump - Tavian Smith, IC West, 21-10.25
Shot put - Joseph Weiner, Hempstead, 50-5.5
Discus - Joseph Weiner, Hempstead, 172-0.25

KENNEDY PLACEWINNERS

Top 3

1st - John Koelling, 400, 49.82
1st - Shuttle hurdle relay (Tom Kaiser, Derek Jacobus, Marcus Perkins, Sam Gray) 58.37
1st - Willie Rhoads, Kennedy, 6-8
2nd - Famiek Cook, 200, 22.53
2nd - Tom Kaiser, 110 hurdles, 15.08
2nd - 4x200 relay 1:30.85
2nd - Derek Jacobus, long jump, 21-10.25
3rd - 4x100 relay 43.57
3rd - Shawn Beyer, high jump, 6-0.5
3rd - Drew Heitland, shot put, 48-8

JEFFERSON PLACEWINNERS

Top 3

1st - Timauntay Jones, 800, 1:53.36
3rd - 4x200 relay 1:30.96