

Lions dominate Mississippi Division mat team

Written by Metro Sports Report

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Linn-Mar wrestlers claimed half of the spots on the Mississippi Valley Conference Mississippi Division all-conference team released this week.

Linn-Mar won the Mississippi Division with an 11-2 conference mark that was three matches ahead of runnerup Kennedy (8-5). The Lions had seven wrestlers on the first team and six on the second team.

Linn-Mar's first teamers are freshman Matt Wempen (106), sophomores Alijah Jeffery (113), Damon Griffin (120) and Ross Lembeck (145), junior Joel Northrup (132), and seniors Mitch Wantock (170) and Mark Atwater (182).

Iowa City West had eight wrestlers on the Valley Division first team. The Trojans won the division with a 13-0 mark that was one match better than Prairie (12-1). The Hawks had six first teamers and two second teamers.

Prairie's first teamers are freshman Josh Wenger (113), sophomores Chris Walters (120) and Skyler St. John (138), and juniors Cameron Rathje (170), Austin Gould (182) and Andrew Netolicky (220).

Washington had two members of the first team - seniors Jordin Eicher (126) and Tyler Burrell (285) - in the Mississippi Division and Kennedy had one, Shane Williams (160).

Jefferson did not have any first teamers, but placed six wrestlers on the Valley Division second team. Xavier had one wrestler on the second team.

Linn-Mar's Doug Streicher was named Coach of the Year in the Mississippi Division and Prairie's Blake Williams earned the award in the Valley Division.

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MISSISSIPPI VALLEY CONFERENCE ALL-CONFERENCE WRESTLING TEAMS

Mississippi Division

First Team

106 - Matt Wempen (Linn-Mar), Fr., 41-2
113 - Alijah Jeffery (Linn-Mar), So., 38-5
120 - Damon Griffin (Linn-Mar), So., 36-8
126 - Jordin Eicher (CRW), Sr., 29-11
132 - Joel Northrup (Linn-Mar), Jr., 37-5
138 - Shane Broderick (Wahlert), Sr., 38-0
145 - Ross Lembeck (Linn-Mar), So., 42-2
152 - Jake White (Wahlert), Sr., 35-7
160 - Shane Williams (CRK), Sr., 35-5
170 - Mitch Wantock (Linn-Mar), Sr., 22-2
182 - Mark Atwater (Linn-Mar), Sr., 25-3
195 - Ryan Maas (IC High), So., 35-6
220 - Steve Ferentz (IC High), Sr., 39-4
285 - Tyler Burrell (CRW), Sr., 33-2

Second Team

106 - Chase Lynn (Dubuque Sr.), So., 30-5
113 - Troy Neagle (CRW), Sr., 16-6
120 - Trey Schuler (CRW), So., 26-12
126 - Trevor Berry (Linn-Mar), Sr., 32-13
132 - Luke Kremer (CRK), Sr., 33-5 and Greg Vance (Wahlert), Sr., 32-7
138 - Ryan Rodriguez (CRK), Sr., 30-12
145 - Weslee Haynes (Wahlert), So., 27-17
152 - Josh Pederson (Linn-Mar), Sr., 29-14
160 - John Conner (Linn-Mar), Sr., 30-13
170 - Adam Knier (Wahlert), Sr., 35-3 and Kody Dailey (IC High), Sr., 26-3
182 - Marcus Harrington (Waterloo West), So., 19-6
195 - Ryley Stancel (Linn-Mar), Sr., 26-16
220 - AJ Garcia (Linn-Mar), Sr., 36-10
285 - Justin Green (Linn-Mar), Jr., 33-11

Honorable Mention

Kennedy - Nathan Waterhouse (113), Taylor Moss (120), Dakota Aldrich (195)
Linn-Mar - Spencer Clabough (138)

Coach of the Year - Doug Streicher (Linn-Mar)

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Valley Division

First Team

106 - Dan Kelly (Cedar Falls), Fr., 32-7
113 - Phillip Laux (IC West), Sr., 43-3 and Josh Wenger (CRP), Fr., 39-4
120 - Ernest Willis (IC West), Sr., 34-12 and Chris Walters (CRP), So., 34-3
126 - Jack Hathaway (IC West), Sr., 42-3
132 - Dakota Bauer (IC West), Sr., 44-2
138 - Kegan Wakefield (IC West), Jr., 21-6 and Skyler St. John (CRP), So., 35-9
145 - Gradey Gambrall (IC West), Sr., 33-11
152 - Clark Doyle (Cedar Falls), Jr., 27-15
160 - Justin Koethe (IC West), Sr., 46-1
170 - Cameron Rathje (CRP), Jr., 33-5
182 - Austin Gould (CRP), Jr., 36-5 and Layton Fritsch (Hempstead), Sr., 26-4
195 - Mickey Pelfrey (IC West), Jr., 39-5
220 - Andrew Netolicky (CRP), Jr., 36-5
285 - Darrell Caldwell (Waterloo East), Jr., 19-11

Second Team

106 - Griffin Bollman (CRJ), Sr., 20-12
113 - PJ Rashed (CRJ), So., 28-9
120 - Brandon Feldman (Hempstead), Sr., 22-16 and Cody Hensel (CRJ), Jr., 18-17
126 - Trey Blaha (CRP), So., 30-5
132 - Aaron Brummel (Cedar Falls), Sr., 14-9
138 - Sam Dagit (Cedar Falls), Sr., 29-16 and Luke Sedlacek (CRJ), Fr., 25-12
145 - Kelly May (CRJ), Fr., 23-14
152 - Payton Kauzlarich (IC West), So., 15-3
160 - Shavez Butler (CRJ), Sr., 24-11
170 - Mike Watkins (IC West), Sr., 35-14
182 - Jack Boland (CRX), Sr., 34-8
195 - Trent Svhulte (CRP), Sr., 21-18 and Zach Rahnvardi (Cedar Falls), Sr., 22-8
220 - Brett Haas (Hempstead), Sr., 23-1
285 - Nick Terpstra (Cedar Falls), Sr., 31-13

Honorable Mention

Prairie - Zack Fiser (106), Zach Becicka (132), Casey Becker (160)
Jefferson - Michael Moncivais (126), Brandon Leary (195), Mic Vesey (285)
Xavier - Sean Ickes (152)

Coach of the Year - Blake Williams (CR Prairie)

All-Academic

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Jefferson - Griffin Bollman, Brandon Leary

Kennedy - Ryan Rodriguez, Ben Feuerhelm

Prairie - Peyton Wagner, Zach Witte

Washington - Tyler Burrell, Troy Neagle

Xavier - Tyler Laska, Jarred Joens

Linn-Mar - Mark Atwater, Mitch Wantock