

## Hammond earns MVC top athlete honor in tennis

Written by Metro Sports Report

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Cedar Rapids Washington senior Katie Hammond has been named female tennis Athlete of the Year in the MVC Mississippi Division.

The unbeaten Hammond, who also plays on the Warriors' girls soccer team, is undefeated in tennis and ranked No. 2 in the state.

Hammond and Linn-Mar senior Katie Rakers were named unanimous selections on the Mississippi team. They were joined on the first team by Kennedy junior Sara Lasecki, Washington junior Kristin King, Linn-Mar senior Jenna Myers and Iowa City high freshman Eve Small.

Washington's Dan Reyner was named the Mississippi Division Coach of the Year.

Xavier senior Laura Birky was the only Metro representative on the Valley Division first team.

Hempstead's Katie Meyer is the Valley Division Athlete of the Year and Cedar Falls' Mike Knox is the Coach of the Year.

### MVC ALL-CONFERENCE GIRLS TENNIS

\* - Unanimous selections

#### MISSISSIPPI DIVISION

##### First Team

\*Katie Rakers (LM), sr.

\*Katie Hammond (CRW), sr.

Sara Lasecki (CRK), jr.

Eve Small (ICH), fr.

Kristin King (CRW), jr.

Jenna Myers (LM), sr.

##### Second Team



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Olivia Brooks (CRW), sr.; Ashton Stoppelmoor (DS), jr.; Kathleen Hutchinson (DW) so.; Courtney Schneider (DW) sr.; Lilly Hartman (CRW), fr.; Lindsay Minder (CRK) sr.

### Honorable Mention

Kennedy -- Alexa Mitchell, Katherine Thompson

Washington -- Alana Sabin; Rina Moore

Dubuque Senior -- Virginia Meurer, Maie Khalil

Dubuque Wahlert -- Caroline Ott, Emily Sullivan

Iowa City High -- Lindsay Hall, Elizabeth Schieffer

Linn-Mar -- Ashley Smith, Gabi Botsford

Waterloo West -- Elma Beganovic, Aubrey Grant

Athlete of the Year -- Katie Hammond (CRW)

Coach of the Year -- Dan Reyner (CRW)

### VALLEY DIVISION

#### First Team

Laura Birky (CRX), sr.

Katie Todd (CF), sr.

\*Katie Meyer (DH), jr.

\*Addy Riley (ICW), jr.

Olivia Lofgren (ICW), sr.

Abby Ahlrichs (DH), jr.

Elena Wilson (ICW), jr.

#### Second Team

Allison Jasper (CRX), fr.; Crystal Terman (CRJ), sr.; Halle Bensen (CF), jr.; Brittani Langland (ICW), fr.; Kelli Walsh (CRJ), sr.; Sophie Mallaro (CF), so.

### Honorable Mention

Cedar Falls -- Hannah Mallaro, Maya Amjadi

Jefferson -- Lydia French, Deserae Richter

Prairie -- Maddie Rainey, Bri Kalous

Xavier -- Meggie Gates, Devin Hayes

Hempstead -- Nina Streauslin, Carie Crabill

Iowa City West -- Megan Jans, Jenny Clark

Waterloo East -- Brenna Goodrich, Cheyanne Custer

Athlete of the Year -- Katie Meyer (DH)

Coach of the Year -- Mike Knox (CF)

### All-Academic

Kennedy -- Rachel Gilman, Lexie Scharmer



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Washington -- Alana Sabin, Shea Sabin

Linn-Mar -- Katie Rakers, Jenna Myers

Jefferson -- Crystal Terman, Kelli Walsh

Prairie -- Emily Wetherell, Alicia Ekman

Xavier -- Meggie Gates, Laura Birky