

## **Altemeier, Eck run to state meet**

Written by Metro Sports Report  
Thursday, 23 October 2014 21:31

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CEDAR FALLS - Sarah Altemeier and Sam Eck of Cedar Rapids Washington placed in the top 10 at the district cross country meet in Cedar Falls Thursday and qualified for the Class 4A state meet in Fort Dodge Nov. 1.

Altemeier finished fifth in the girls 4K race in 15 minutes, 38 seconds. Eck placed 10th in the boys 5K event in 16 minutes, 46 seconds.

The top three teams and top 10 individuals advance to state. Washington, Jefferson and Kennedy did not qualify their boys teams or girls teams for state.

CLASS 4A DISTRICT MEET  
Birdsall Park, Cedar Falls

### **BOYS RESULTS**

Team Standings

1. Cedar Falls 31, 2. Hempstead 60, 3. Iowa City West 78, 4. Washington 96, 5. Iowa City High 122, 6. Western Dubuque 183, 7. Waterloo West 207, 8. Kennedy 212, 9. Jefferson 238, 10. Waterloo East 321.

Winner - Akash Borde, Iowa City West, 16:07

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Washington - 10. Sam Eck 16:46, 13. Finbar Berry 16:59, 21. Wyatt Forster 17:15, 24. Sam Werner 17:17, 28. Ian Klopfenstein 17:27.

Kennedy - 19. Addison Furry 17:13, 43. Tim Zange 18:02, 48. Derek Girling 18:29, 50. Ethan Williams 18:36, 52. Riley Patton 18:38.

Jefferson - 38. Jason Chung 17:43, 42. Nate Homan 17:58, 45. Trey Hitchings 18:10, 55. Kane Kramer 18:52, 58. Nathan Prochnow 19:08.

## **GIRLS RESULTS**

### **Team Standings**

1. Iowa City West 26, 2. Iowa City High 55, 3. Hempstead 77, 4. Cedar Falls 113, 5. Kennedy 144, 6. Jefferson 165, 7. Washington 181, 8. Western Dubuque 195, 9. Waterloo West 258, 10. Waterloo East 288.

Winner - Emmie Skopec, Iowa City West, 14:59.

Kennedy - 19. Hannah Fusselman 16:14, 22. Lauren Meyer 16:22, 24. Olivia Green 16:30, 38. Kate Nus 17:16, 41. Laura Feld 17:34.

Jefferson - 21. Meredith Koenigsfeld 16:17, 23. Adriana Hargrove 16:27, 31. Sarah Hanna 16:46, 35. Megan Ely 17:01, 55. Jasmine Blue 18:20.

Washington - 5. Sarah Altemeier 15:38, 34. Serena Eck 16:59, 44. Brett Visser 17:40, 48.

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Ashley Hageman 17:50, 50. Joi Johnson 18:06.