If you'd like to assemble an all-star girls basketball team from the Metro area for the 2015-16 campaign, look no further than the all-state squads that were announced Tuesday by the Iowa Newspaper Association.

You could win a lot of games with the seven Metro girls who were honored by the INA.

Amanda Ollinger of Linn-Mar, Lela Sellers of Kennedy and Chloe Rice of Marion were named first-team selections for their outstanding performances this season. Kennedy Dighton of Jefferson, Joniqua Clark of Washington, Kamryn Finley of Linn-Mar and Mia Laube of Marion garnered third-team laurels on the all-state squad.

Makenzie Meyer, who led Mason City to the Class 4A state title, was named Miss Basketball. She scored 1,590 points during her career and has signed with the Iowa Hawkeyes.

Ollinger and Finley helped Linn-Mar reach the semifinals of the Class 5A state tournament. Ollinger, a senior who has signed with Iowa, averaged 17.8 points and led Class 5A in rebounding at 10.9 per game. Finley, a sophomore, contributed 12.2 points and 3.3 rebounds for the Lions.

Rice and Laube, both sophomores, helped the Marion Indians reach the semifinals of the Class 4A state tournament, matching the best finish in school history. Rice averaged 14.0 points, 4.1 rebounds and 3.1 assists. Laube contributed 9.6 points and 5.2 rebounds.

Sellers, a senior, averaged 18.7 points and 9.1 rebounds for Kennedy this season and has signed with Liberty University.

Dighton, a junior, averaged 13.9 points and 8.2 rebounds for Jefferson.

Clark, a senior, contributed 9.9 points, 4.6 steals and 4.1 assists for Washington. She led Class 5A in steals.