

Lizarraga commits to Wabash Valley

Written by Metro Sports Report
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Cedar Rapids Kennedy all-state pitcher Sammy Lizarraga will continue his baseball career at Wabash Valley College in Mt. Carmel, Ill.

Lizarraga compiled a 7-1 record and 1.31 ERA for the Cougars last season as a junior, with 59 strikeouts in 64 innings. He hit .300 with two home runs and 34 RBIs and was Kennedy's primary catcher.

Lizarraga has been recruited as a pitcher and first baseman by Wabash, which is a community college.

Lizarraga helped Kennedy win the Mississippi Valley Conference title and make the Class 4A state tournament. He was named first team all-state.