

Kennedy girls race to Regina title

Written by Metro Sports Report

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IOWA CITY - Kennedy placed four runners in the top five places Tuesday and rolled to the title of the Bob Brown Invitational girls cross country meet hosted by Iowa City Regina at the University of Iowa's Ashton Cross Country Course.

The Cougars finished with 21 points. Solon was second with 46.

Kennedy's Katie Wampole, Alyssa Averhoff, Jessica Rodman and Tara Mittelberg finished second through fifth on the 4k course. Lauren Meyer was seventh and Aliza Lichty eighth for the Cougars.

Solon's Lauren Benzing won the race.

Kennedy also won the JV meet by eight points over Solon.

BOB BROWN INVITATIONAL

Teams - 1. CR Kennedy 21, 2. Solon 46, 3. IC Regina 76, 4. Wilton 110

Top 10 Individuals

1. Lauren Benzing (Solon) 14:49.56, 2. Katie Wampole (CRK) 15:25.54, 3. Alyssa Averhoff (CRK) 15:45.77, 4. Jessica Rodman (CRK) 15:48.67, 5. Tara Mittelberg (CRK) 15:50.96, 6. Magan McCusker (ICR) 15:53.95, 7. Lauren Meyer (CRK) 15:57.13, 8. Aliza Lichty (CRK) 16:00.32, 9. Leah Adams (Solon) 16:07.04, 10. Alex Smith (Solon) 16:08.02

KENNEDY - 2. Wampole 15:25.54, 3. Averhoff 15:45.77, 4. Rodman 15:48.67, 5. Mittelberg 15:50.96, 7. Meyer 15:57.13, 8. Lichty 16:00.32, 11. Allison Culver 16:13.47, 14. Carolyn Stone 16:37.17, 15. Alexis Bernstein 16:38.25, 18. Megan Terukina 16:49.95