

Evans broke state record in mile

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Josh Evans broke the Iowa high school record in the mile Saturday when he was clocked in 4:04.38 at the adidas Dream Mile in New York City.

Evans broke the old record of 4:07.2 set by Ed DeLashmutt of Fort Madison in 1976.

Evans has graduated from Linn-Mar High School, but IHSAA official Bud Legg said the record counts because Evans has not begun classes as a freshman at Iowa State yet.

"As long as they do it before they become a college athlete, they're fair game," said Legg.

Evans finished fourth at the Dream Mile, which featured many of the top prep distance runners in the country.

He was happy to hear Monday that he'd broken the state record.

"Sweet. That's awesome!" he remarked.

Evans also set the state record in the 1600 meter run this year with a 4:06.32 clocking at the Class 4A state meet.