Evans, Jenks stay No. 1 in cross country ratings

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Linn-Mar junior Josh Evans stayed in the No. 1 spot in the Class 4A cross country rankings Wednesday despite missing two races with a sore leg.

Linn-Mar freshman Stephanie Jenks also remained in the No. 1 spot in the Class 4A poll after winning a three-mile race in Aurora, III., last Saturday by 43 seconds.

Evans has not raced since winning the Heartland Classic in Ames on Sept. 15. He described his break from racing as "precautionary" and does not think the injury is serious.

Etienne Nzoyisaba of Cedar Rapids Washington, who won the Iowa City West Invitational Tuesday, is ranked No. 10 among Class 4A boys. Mitch Pritts of Prairie is ranked 12th, Chase Grabau of Linn-Mar 14th, Isaiah Vlasek of Prairie 21st, Tanner Rathje of Linn-Mar 25th and Joe Berry of Washington 28th.

Shannon Gorman of Washington, who finished second in the Iowa City West Invitational Tuesday, is ranked ninth among 4A girls. Allison Culver of Kennedy is ranked 10th, Katie Wampole of Kennedy 13th, Alyssa Averhoff of Kennedy 16th, Lauren Meyer of Kennedy 19th, Rachel Perry of Linn-Mar 21st, Amber Decker of Linn-Mar 22nd and Maddie Saville of Linn-Mar 28th.

Jenny Dickes of Xavier is ranked No. 20 in Class 3A.

Linn-Mar is ranked No. 4 in the Class 4A boys team standings. Washington is listed 12th and Prairie 15th.

Kennedy is ranked No. 3 among Class 4A girls and Linn-Mar is right behind at No. 4.

Xavier is ranked No. 15 among Class 3A boys.