Four Metro boys have earned first-team honors from the Mississippi Valley Conference on the all-star bowling team.

Jefferson senior Hunter Sturtz, Kennedy senior James Jambois and Linn-Mar junior Alex Diercks were unanimous first-team picks in the Valley Division.

Prairie senior Matt Galloro was a first-team pick in the Mississippi Division.

MISSISSIPPI DIVISION

Athlete of the Year – Justin Lanser, jr., Dubuque Hempstead.

Coach of the Year – Roger Poling, Dubuque Hempstead.

First Team

Justin Lanser*, jr., Dubuque Hempstead; Jordan Mattix*, sr., Waterloo West; Noah Cheever, jr., Dubuque Hempstead; Cody Scheffert, sr.,
Dubuque Hempstead; Chance Brimeyer, sr., Dubuque Hempstead; Matt Galloro,
sr., Prairie.

Second Team

Metro Only

Jacob Fulton, sr., Xavier; Shawn Wille, fr., Prairie; Charlie Hart, so., Xavier.

Honorable Mention

Metro Only

Paul Toczylowski, jr., Prairie; Lucas Galloro, jr., Prairie; Donovan Trimble, sr., Washington; John Taylor, sr., Washington; Jackson Schuster, jr., Xavier; Michael Buenzow, sr., Xavier.

VALLEY DIVISION

Athlete of the Year – Brandon Jerome, sr., Cedar Falls.

Coach of the Year – Brad Baker, Cedar Falls.

First Team

Hunter Sturtz*, sr., Jefferson; Brandon Jerome*, sr., Cedar Falls; Patrick Wood*, jr., Iowa City West; Alex Diercks*, jr., Linn-Mar;
James Jambois*, sr., Kennedy; Avery Bauer, so., Cedar Falls.

Second Team

Metro Only

Nathan Williams, sr., Linn-Mar; Bert Goodwin, so., Kennedy; Chaise Donner, jr., Jefferson; Ryan Wyant, sr., Linn-Mar.

Honorable Mention

Metro Only

Riley Walton, fr., Jefferson; John Gardner, sr., Jefferson; Nick Green, sr., Kennedy; Max Hiatt, so., Kennedy; Jacob Wheaton, sr., Linn-Mar; Alex
Barnett, so., Linn-Mar.

*-unanimous selection.