

## **No.5 Kohawks trim Central, 23-16**

Written by Metro Sports Report

Thursday, 20 November 2014 21:44 - Last Updated Thursday, 20 November 2014 21:46

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PELLA - Coe heavyweight Kirk Owens pinned Jamie Miranda Thursday night to give the fifth-ranked Kohawks a 23-16 victory over Central College in an Iowa Conference dual meet at the Kuyper Gym in Pella.

The Kohawks won the meet even though fourth-ranked Ryan Sheldon lost at 184 pounds and third-ranked Donnie Horner was upset at 197.

Brody Beck collected a pin for Coe at 157 pounds. Farai Sewera won by technical fall at 165. Luke Kremer (141) and Josh Donkle (149) won decisions for the Kohawks.

COE 23, CENTRAL 16

125 - Daniel Page (Central) dec. Jan Rosenberg, 10-3

133 - Aaron Anderson (Central) major dec. Mike Gussarson, 12-4

141 - Luke Kremer (Coe) dec. Jordan Richardson, 7-5

149 - Josh Donkle (Coe) def. Ryan Vandall, 3-2

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157 - Brody Beck (Coe) pinned Mike O'Connor, 3:45

165 - Farai Sewera (Coe) tech fall Dillon Anderson, 5:55 (18-1)

174 - Sam Apland (Central) dec. Garrett Kelsen, 4-3

184 - Tyler Lowy (Central) dec. Ryan Sheldon, 5-2

197 - Matt Seabold (Central) dec. Donnie Horner, 6-5

285 - Kirk Owens (Coe) pinned Jamie Miranda, 6:30