

Coe athletes Connor Alberhasky, Melissa Alger and Riley Galbraith along with former Metro preps Kristie Sommer and DJ Utley received weekly honors from the Iowa Conference.

Alberhasky, a senior from Iowa City, threw the third no-hitter in Coe baseball history in a 7-0 win over Loras on Saturday. He struck out five and walked just one while throwing just 60 pitches. It was the first no-hitter in Iowa Conference play since 2011 when Loras' Kendall Paluch twirled a no-hitter against Cornell.

Alger earned the weekly women's track honor. A junior from Lisbon, Alger won the discus competition at the Washington-St. Louis Invitational with a toss of 146 feet, 3 inches. Her distance ranks third nationally.

Galbraith, a junior from Kennedy, posted a pair of victories as the Kohawk men's tennis team picked up its 17th consecutive Iowa Conference regular-season dual win with an 8-1 decision over Luther. He defeated Trent Schneider, 7-6, 6-3, at No. 2 singles, then paired with Brady Anderson for an 8-6 win over Sam Cychosz and Anders Jensen at No. 1 doubles. Galbraith and Anderson are now 10-2 in doubles.

Sommer, a freshman outfielder on the Wartburg softball team who prepped at Linn-Mar, hit .611 (11-of-18) and slugged 1.000 as the Knights won six of seven games last week. She had a double, two home runs, 10 RBIs, stole one base and scored seven runs.

Utley, a Wartburg senior first baseman from Kennedy, tied a school record with three home runs in an 11-8 win over Central on March 28. In the four-game weekend series, Utley hit .462 (6-of-13) with a 1.385 slugging percentage with four home runs, 10 RBIs and five runs scored as the Knights took three of four games.