

Harbaugh, Sewera honored by Coe

Written by Metro Sports Report
Monday, 05 October 2015 15:14 -

Seniors Mackenzie Harbaugh and Farai Sewera have been named the 2014-15 Barron Bremner Outstanding Athletes at Coe College.

Harbaugh is an All-American setter for the Kohawk volleyball team, while Sewera is a national champion wrestler.

Harbaugh earned AVCA Third Team All-American honors during her junior campaign. She was the first player in school history named to the first, second or third team for All-American honors.

Harbaugh was also an AVCA All-Central Region First Team pick and was named to the All-Iowa Conference First Team. She set a school record with 81 aces, while also ranking eighth in the nation. She ranked 11th in the nation with 1,335 assists.

Sewera earned the fourth wrestling national championship in school history in March. He was also an All-American at 165 pounds and an Iowa Conference MVP.

Sewera was the runner-up at the NCAA Central Regional, snapping his 20-match winning streak that dated back to early December. He also earned All-Iowa Conference honors.