

## Mount Mercy women run 4th at Stampede

Written by Metro Sports Report  
Saturday, 24 October 2015 20:14 -

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The Mount Mercy women's cross country team finished fourth out of 20 squads at the NAIA Seminole Valley Stampede Saturday at Seminole Valley Park in Cedar Rapids.

The Mount Mercy men placed seventh out of 21 teams in their race.

The University of St. Francis won the women's race. The University of Saint Mary captured the men's competition.

Ellie Willging of St. Xavier University won the women's 5K race in 17 minutes, 59 seconds. Daniel Garcia of Cardinal Stritch University claimed the men's 8K title in 25 minutes.

Liz Mosbach led Mount Mercy in the women's race in 20th place. Evan Bowman paced the Mount Mercy men in 15th place.

The meet was hosted by Mount Mercy and the Cedar Rapids Convention & Visitors Bureau.

### WOMEN'S RESULTS

#### Team Standings

1. St. Francis 52, 2. Texas Wesleyan 97, 3. Saint Xavier 128, 4. Mount Mercy 130, 5. Trinity Christian 130, 6. Saint Ambrose 164, 7. Central Methodist 166, 8. Clarke 246, 9. Grand View 274, 10. Saint Mary 281.

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11. Baker 298, 12. Judson 321, 13. Columbia 346, 14. Viterbo 415, 15. Cardinal Stritch 427, 16. Kansas Wesleyan 446, 17. Robert Morris 449, 18. William Penn 450, 19. Calumet St. Joseph 501, 20. Lindenwood-Belleville 502.

Mount Mercy - 20. Liz Mosbach 19:19, 24. Molly Pruett 19:24, 25. Lindsay Brunson 19:27, 30. Kaite Hoffert 19:41, 31. Dana Ewan 19:41, 56. Alexa Zamora 20:38, 67. Jazmine Reynolds 20:54.

## MEN'S RESULTS

### Team Standings

1. Saint Mary 45, 2. St. Francis 68, 3. Columbia 95, 4. Saint Xavier 163, 5. Texas Wesleyan 170, 6. Kansas Wesleyan 192, 7. Mount Mercy 238, 8. Lindenwood-Belleville 240, 9. Trinity Christian 258, 10. Saint Ambrose 264.

11. Baker 266, 12. Judson 300, 13. Central Methodist 304, 14. William Penn 407, 15. Calumet St. Joseph 411, 16. Waldorf 413, 17. Viterbo 414, 18. Grand View 479, 19. Cardinal Stritch 499, 20. Clarke 517, 21. Graceland 554.

Mount Mercy - 15. Evan Bowman 25:54, 21. Colton Forster 26:08, 26. James Lindstrom 26:18, 72. Michael Marshall 27:46, 104. Devin Stone 29:42, 110. Jake Hensel 29:59, 111. Erik Ryan 30:09.