

Vander Poel wins 600 for Mustangs

Written by Metro Sports Report
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CRETE, Neb. - Kathryn Vander Poel of Mount Mercy captured the 600 meter run at the Heart of America Conference indoor track meet Saturday.

Vander Poel won the race in 1 minute, 38.32 seconds. She also finished second in the 800 meter run (2:21.55) and helped the Mustangs place second in the distance medley (13:21.19) with Kelsi Huhndorf, Mady Roth and Andrea Ertz.

Vanessa Cortes finished second in the 3,000 meter run (10:54.18) and Ertz placed third in the 1,000 meter run (3:10.30).

The Mount Mercy women finished in fourth place out of 11 teams in the standings.

James Lindstrom finished second in the mile run for the Mustangs in 4 minutes, 26.12 seconds, just 28-hundredths of a second behind the winner. Jon Andersen of Mount Mercy placed second in the 3,000 meter race walk.

The Mount Mercy men finished sixth out of 11 teams.

WOMEN'S STANDINGS

1. MidAmerica Nazarene 177, 2. Benedictine 146, 3. Baker 96.5, 4. Mount Mercy 85.5, 5. Grand View 84, 6. Clarke 70, 7. Graceland 69, 8. Central Methodist 43.5, 9. William Penn 34, 10. Missouri Valley 8, 11. Culver-Stockton 4.5.

MEN'S STANDINGS

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1. MidAmerica Nazarene 174, 2. Grand View 152, 3. Baker 127, 4. Benedictine 108, 5. Central Methodist 83.3, 6. Mount Mercy 49, 7. William Penn 36, 8. (tie) Graceland 29.3, Clarke 29.3, 10. Missouri Valley 23, 11. Culver-Stockton 5.