

Jones, Vanous win at Tri-State Invy

Written by Metro Sports Report
Friday, 19 April 2013 11:45 -

DUBUQUE - The Cedar Rapids Prairie boys track team won four events and captured top honors at the Harold Sweet Tri-State Invitational in Dubuque Thursday.

The Hawks trimmed Dubuque Senior, 108 to 104.5, for first place in the seven-team field.

Haakon Wilz won the 110 hurdles for Prairie. The Hawks also claimed the 4x200 relay, 4x800 relay and shuttle hurdle relay.

John Koelling captured the 200 and 400 meter dashes to help the Kennedy Cougars finish in third place in the team standings. Willie Rhoads won the high jump for the Cougars.

The Jefferson J-Hawks won three events at the meet. Timauntay Jones took the 1600, Lucas Vanous won the 400 hurdles and Jefferson won the 4x400 relay.

HAROLD SWEET TRI-STATE INVY

TEAM STANDINGS

1. Prairie 108, 2. Dubuque Senior 104.5, 3. Kennedy 86, 4. Davenport West 72, 5. Hempstead 65.5, 6. Jefferson 65, 7. Davenport Central 56.

WINNERS

100 - Zach Minch, Davenport Central, 11.79
200 - John Koelling, Kennedy, 23.72
400 - John Koelling, Kennedy, 51.37
800 - Adrian Ortega, Davenport West, 2:05.32
110 hurdles - Haakon Wilz, Prairie, 15.65
1600 - Timauntay Jones, Jefferson, 4:42.78
3200 - Adrian Ortega, Davenport West, 9:49.51
400 hurdles - Lucas Vanous, Jefferson, 59.03
Discus - Joseph Weiner, Hempstead, 151-9

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High jump - Willie Rhoads, Kennedy, 5-10
Long jump - Tiquan Malone, Davenport West, 20-1 1/4
Shot put - Kyle Brammann, Davenport West, 46-11
4x100 relay - Dubuque Senior 45.97
4x200 relay - Prairie 1:34.87
4x400 relay - Jefferson 3:35.53
4x800 relay - Prairie 8:30.81
Shuttle hurdle relay - Prairie 1:00.88
Distance medley - Dubuque Senior 3:42.11

PRAIRIE PLACEWINNERS

Top 3

1st - Haakon Wilz, 110 hurdles, 15.65
1st - 4x200 relay 1:34.87
1st - 4x800 relay 8:30.81
1st - Shuttle hurdle relay 1:00.88
2nd - Jarred Edmonds, 200, 24.36
2nd - Jake Moore, 800, 2:05.58
2nd - Isaiah Vlasek, 3200, 9:53.69
2nd - 4x400 relay 3:37.87
3rd - Tysen VanDraska, 800, 2:05.60
3rd - Mitch Pritts, 3200, 9:58.75
3rd - 4x100 relay 46.31
3rd - Distance medley 3:49.25

KENNEDY PLACEWINNERS

Top 3

1st - John Koelling, 200, 23.72
1st - John Koelling, 400, 51.37
1st - Willie Rhoads, high jump, 5-10
2nd - Jay Blank, long jump, 19-1
2nd - Shuttle hurdle relay 1:04.77
3rd - Marcus Perkins, 400 hurdles, 1:00.82
3rd - Shawn Beyer, high jump, 5-8
3rd - Willie Rhoads, long jump, 18-8 3/4

JEFFERSON PLACEWINNERS

Top 3

1st - Timauntay Jones, 1600, 4:42.78
1st - Lucas Vanous, 400 hurdles, 59.03

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1st - 4x400 relay 3:35.53
2nd - Dylan Chittick, 400, 53.14
3rd - Shaquille Harbor, 100, 12.12
3rd - 4x200 relay 1:36.82