

Timauntay Jones wins 800 at qualifier

Written by Metro Sports Report
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WATERLOO - Drake Hickok led Cedar Rapids Washington's march to Des Moines Thursday by winning three events at the Class 4A state qualifying track meet in Waterloo.

Hickok captured the 110 high hurdles and 400 low hurdles and ran the opening leg on Washington's triumphant 4x400 relay with Robert Hogg, Trevor Luebe and Nick Corbett.

The top two finishers in each event automatically qualified for the state meet in Des Moines next Thursday, Friday and Saturday. In addition, 12 at-large berths will be selected from around the state to make for 24 qualifiers in each event at state.

Etienne Nzoyisaba won the 3200 meter run for the Warriors.

Washington finished second in five events Thursday. Will Griffin placed second in the 100 meter dash and Nick Corbett placed second in the 400, and both Warriors finished behind Cedar Falls superstar James Harrington.

Harrington won the 100 in 10.75 seconds, with Griffin next in 10.87 seconds. Harrington took the 400 in 49.06 seconds, the fastest time in the state this year, and Corbett placed second in 49.24, which would have been the top time in Class 4A if Harrington hadn't run just a little faster. Harrington also won the 200 in 22.07 seconds.

Hogg took second place in the 800 in 1:58.43. The Warriors also finished second in the 4x800 relay and the distance medley. Luebe, Joe Berry, Sam Kline and Hogg ran on the 4x800 relay and Mitch Bredeson, Griffin, Corbett and Luebe formed the distance medley.

Timauntay Jones of Jefferson captured the 800 in 1:57.26 for his team's only victory. The J-Hawks did not have any runnerup finishes.

4A STATE QUALIFYING MEET
At Waterloo West

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Team Standings

1. Cedar Falls 149, 2. Washington 132, 3. Waterloo West 105, 4. Jefferson 81, 5. Dubuque Senior 77, 6. Marshalltown 65.5, 7. Dubuque Hempstead 52, 8. Waterloo East 33.5.

100 Meter Dash

1. James Harrington (CF) 10.75, 2. Will Griffin (CRW) 10.87, 3. Tyrell Martin (WW) 10.88, 4. Aaron Taylor (WE) 11.05, 5. Luke Toyosi (CF) 11.19, 6. Nate Karlan (CRJ) 11.25.

200 Meter Dash

1. James Harrington (CF) 22.07, 2. Aaron Taylor (WE) 22.19, 3. Tyrell Martin (WW) 22.42, 4. Tad Steffensen (MTOWN) 22.60, 6. Nate Karlan (CRJ) 23.01.

400 Meter Dash

1. James Harrington (CF) 49.06, 2. Nick Corbett (CRW) 49.24, 3. Shane Shaddox (CF) 51.15, 4. Timauntay Jones (CRJ) 51.23, 5. William Orr (CRJ) 52.56, 6. Tim Wittman (DS) 52.73.

800 Meter Run

1. Timauntay Jones (CRJ) 1:57.26, 2. Robert Hogg (CRW) 1:58.43, 3. Dylan Eigenberger (DS) 2:01.17, 4. Anthony Ohl (WW) 2:02.63, 5. Etienne Nzoyisaba (CRW) 2:03.95, 6. Alex Hottle (WW) 2:04.36.

1600 Meter Run

1. Dylan Eigenberger (DS) 4:27.16, 2. Alex Hottle (WW) 4:28.93, 3. Etienne Nzoyisaba (CRW) 4:32.01, 4. Matthew Adrian (CF) 4:38.29, 5. Christian Kremer (M-TOWN) 4:39.76, 6. Joe Berry (CRW) 4:39.90.

3200 Meter Run

1. Etienne Nzoyisaba (CRW) 9:47.81, 2. Jonathan Specht (DH) 9:48.59, 3. Adam Streicher (CF) 9:51.99, 4. Taylor Mueller (CRJ) 9:56.39, 5. Blake Whalen (DS) 10:03.56, 6. Kody Fitzjerrells (DS) 10:14.74.

110 Meter Hurdles

1. Drake Hickok (CRW) 15.00, 2. Kalund Brown (CF) 15.43, 3. Savaun Bounds (CRJ) 15.51, 4. Forest Vega (CRW) 15.52, 5. Kelvin Clark (WE) 15.95, 6. Tanner Lund (CRJ) 16.17.

400 Meter Hurdles

1. Drake Hickok (CRW) 54.79, 2. Austin Cuvelier (CF) 55.31, 3. Forest Vega (CRW) 56.11, 4. Lucas Vanous (CRJ) 56.77, 5. Kolby Keeler (MTOWN) 57.35, 6. Mitch McElmeel (DS) 57.58.

4x100 Relay

1. Waterloo West 42.13, 2. Cedar Falls 42.17, 3. Washington (Mitch Bredeson, Will Griffin, Braedon Tovey, Joseph McBride) 43.08, 4. Jefferson (Shaq Harbor, Dylan Chittick, Chance Tiedtke, Nate Karlan) 43.60, 5. Waterloo East 43.70, 6. Marshalltown 44.47.

4x200 Relay

1. Waterloo West 1:28.97, 2. Cedar Falls 1:30.09, 3. Marshalltown 1:30.27, 4. Washington

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(Mitch Bredeson, Morris Williams, Braedon Tovey, Will Griffin) 1:30.44, 5. Jefferson (Nate Karlan, Chance Tiedtke, Ryan Deerberg, Dylan Chittick) 1:31.40, 6. Waterloo East 1:32.34.

4x400 Relay

1. Washington (Drake Hickok, Robert Hogg, Trevor Luebe, Nick Corbett) 3:24.99, 2. Cedar Falls 3:25.31, 3. Jefferson (Alex Baxter, Ryan Deerberg, Asim Wallace, Timauntay Jones) 3:25.84, 4. Marshalltown 3:25.98, 5. Waterloo West 3:29.31, 6. Dubuque Senior 3:29.99.

4x800 Relay

1. Dubuque Senior 8:07.98, 2. Washington (Trevor Luebe, Joe Berry, Sam Kline, Robert Hogg) 8:12.89, 3. Waterloo West 8:14.00, 4. Cedar Falls 8:21.33, 5. Hempstead 8:28.62, 6. Marshalltown 8:35.56.

Distance Medley

1. Marshalltown 3:35.69, 2. Washington (Mitch Bredeson, Will Griffin, Nick Corbett, Trevor Luebe) 3:35.85, 3. Dubuque Senior 3:41.57, 4. Cedar Falls 3:43.47, 5. Waterloo West 3:47.12, 6. Jefferson (Aaron Gruwell, Asim Wallace, Jordan Selby, Colton Cortez) 3:53.27.

Shuttle Hurdle Relay

1. Waterloo West 1:00.04, 2. Cedar Falls 1:00.28, 3. Washington (Drake Hickok, Forest Vega, Maliek Ketchens, Gregory Grunewald) 1:03.11, 4. Marshalltown 1:03.13, 5. Jefferson (Tanner Lund, Dakota Tomkins, Michael Moncivais, Savaun Bounds) 1:03.64, 6. Hempstead 1:04.16.

High Jump

1. Christopher Francis 9DH) 6-2, 2. Kalund Brown (CF) 6-2, 3. Nick Clark (CF) 5-10, 4. (tie) Nathan Sims (DH) 5-8; Elijah Evans (WW) 5-8; Pierce Kelly (MTOWN) 5-8.

Long Jump

1. Jason Millett (WW) 21-8, 2. Dequayvious Martin (WW) 21-4, 3. Brad Hennen (DH) 20-4, 4. Andrew Sorenson (CF) 20-1, 5. Graham Houselog (DH) 19-8 3/4, 6. James Carter (WE) 19-5 1/4.

Shot Put

1. Dan Behning (DS) 50-11 1/4, 2. Ross Pierschbacher (CF) 49-11 1/2, 3. Brady Waskow (CF) 49-8 3/4, 4. Collin Frazier (DS) 47-4, 5. Ryan Eivins (CRJ) 46-5 1/4, 6. Andrew Martin (WW) 46-1 1/2.

Discus

1. Joseph Weiner (DH) 164-8, 2. Brock Pappas (MTOWN) 150-2, 3. Collin Frazier (DS) 142-1, 4. Sam Techau (CRJ) 135-5, 5. John Vanhorn (MTOWN) 132-10, 6. Colton Spicer (CRJ) 131-0.