Written by Metro Sports Report Monday, 26 January 2015 14:12 -

The Cedar Rapids Prairie and Jefferson wrestling teams will host Class 3A regional dual meet tournaments on Feb. 11 and the Linn-Mar Lions will be on the road in Bettendorf that night.

The Iowa High School Athletic Association expanded the regional tournament from 16 teams to 24 teams this year. The new format rewarded first-round byes to the top eight teams in the IWCOA rankings. Those eight teams will act as hosts and will wrestle in the regional finals that night, following a semifinal match between teams that are ranked anywhere from No. 9 to No. 24.

No. 14 Dubuque Hempstead and No. 21 Fort Madison will meet in the semifinals at Prairie, with the winner facing the No. 4 Prairie Hawks in the regional finals.

No. 12 Western Dubuque and No. 24 Ankeny Centennial will meet in the semifinals at Jefferson, with the winner facing the No. 7 Jefferson J-Hawks in the regional finals.

The No. 16 Linn-Mar Lions will face No. 19 Pleasant Valley in the semifinals at Bettendorf, with the winner facing No. 2 Bettendorf in the regional finals.

The regional semifinals will begin at 6 p.m. on Feb. 11, with the finals to follow.

The eight regional champions will advance to the dual meet state tournament at Wells Fargo Arena in Des Moines on Feb. 18.

AT BETTENDORF

Semifinal Round #16 Linn-Mar VS. #19 Pleasant Valley

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Final Round #2 Bettendorf VS. semifinal winner

AT CEDAR RAPIDS JEFFERSON

Semifinal Round #12 Western Dubuque VS. #24 Ankeny Centennial

Final Round #7 Cedar Rapids Jefferson VS. semifinal winner

AT DOWLING CATHOLIC

Semifinal Round #10 Sioux City, North VS. #23 LeMars

Final Round #6 Dowling Catholic VS. semifinal winner

AT JOHNSTON

Semifinal Round #13 Norwalk VS. #18 Lewis Central

Final Round #3 Johnston VS. semifinal winner

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AT NORTH SCOTT

Semifinal Round #9 Iowa City West VS. #22 Clinton

Final Round #8 North Scott VS. semifinal winner

AT PRAIRIE

Semifinal Round #14 Dubuque Hempstead VS. #21 Fort Madison

Final Round #T4 Prairie vs. semifinal winner

AT SOUTHEAST POLK

Semifinal Round #15 Waverly-Shell Rock VS. #17 Council Bluffs Jefferson

Final Round #1 Southeast Polk VS. semifinal winner

AT WEST DES MOINES VALLEY

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Semifinal Round #11 Fort Dodge VS. #20 Glenwood

Final Round #T4 West Des Moines Valley vs. semifinal winner