

Renwick paces Metro runners in Epworth

Written by Metro Sports Report
Thursday, 03 October 2013 22:26 -

EPWORTH - Cedar Rapids Prairie freshman Cayla Renwick placed seventh at the Western Dubuque Invitational cross country meet Thursday in Epworth.

Renwick ran the 4K course in 16 minutes, 37 seconds. Cascade freshman Becca McDermott won the race in 16:09.

The Prairie girls finished third out of 16 teams.

The Kennedy boys placed third out of 17 teams in their race. Addison Furry finished 10th for the Cougars.

The Prairie boys, running varsity reserves, finished in fourth place.

GIRLS RESULTS

4K

Team Standings

1. Decorah 61, 2. Cascade 73, 3. Prairie 110, 4. West Delaware 122, 5. Western Dubuque 135, 6. Monticello 139, 7. North Fayette Valley 170, 8. Anamosa 270, 9. Durant 283, 10. Clayton Ridge-Guttenberg 287, 11. Springville-Central City 300, 12. Maquoketa 311, 13. MFL Mar-Mac 352, 14. Independence 354, 15. Easton Valley 395, 16. Dyersville Beckman.

Winner - Becca McDermott, Cascade, 16:09

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Prairie - 7. Cayla Renwick 16:37, 18. Katie Costigan 17:05, 23. Eilish Stanek 17:18, 27. Sarah Meyers 17:35, 35. Anna Rubsam 17:54, 44. Sophia Smith 18:15, 46. Holly Wisnousky 18:18.

BOYS RESULTS

5K

Team Standings

1. Monticello 31, 2. Decorah 82, 3. Kennedy 120, 4. Prairie 131, 5. Western Dubuque 150, 6. Bellevue 191, 7. West Delaware 195, 8. Cascade 207, 9. Bellevue Marquette 245, 10. North Fayette Valley 252, 11. Maquoketa 322, 12. Independence 339, 13. Clayton Ridge-Guttenberg 357, 14. Springville-Central City 360, 15. Durant 393, 16. Dyersville Beckman 455, 17. MFL Mar-Mac 473.

Winner - Michael Melchert, Monticello, 15:58

Kennedy - 10. Addison Furry 17:28, 19. Matt Stevens 17:50, 26. Hunter Schoenauer 18:11, 29. Derek Girling 18:15, 36. Ethan Williams 18:42, 42. Andrew Solsrud 18:53, 59. Ignacio Perea 19:40.

Prairie - 11. Cam Stevens 17:28, 17. Chris Oehlert 17:42, 30. Matt Lorenz 18:25, 34. Levi Lefebure 18:33, 39. Luke Hudepohl 18:48, 40. Hunter Gearhart 18:51.