

## **Kennedy girls, Gorman make state X-C meet**

Written by Metro Sports Report  
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CEDAR FALLS - The Cedar Rapids Kennedy girls cross country team had a good day at Birdsall Park in Cedar Falls Thursday afternoon.

So did Shannon Gorman from Cedar Rapids Washington.

Kennedy finished a strong second at the Class 4A regional meet behind Cedar Falls and qualified for the state cross country meet in Fort Dodge on Oct. 29.

Gorman placed fourth in the individual standings and also qualified for the state meet.

The Cougars placed five runners in the top-15 and finished with 39 points, just nine markers behind Cedar Falls.

Alyssa Averhoff led Kennedy in third place in 15 minutes, 42 seconds. Jessica Rodman placed fifth, Katie Wampole sixth, Lauren Meyer 10th and Allison Culver 15th.

Allison Gregg and Brianna King of Cedar Falls finished 1-2 for the Tigers. Averhoff was third and Gorman fourth in 15:46. Gregg won the race in 15 minutes, 13 seconds.

Washington placed fourth in the team standings. Xavier finished sixth and Jefferson was ninth in the 10-team meet.

The top three teams and top 10 individuals qualified for the state meet.

### **TEAM STANDINGS**

1. Cedar Falls 30, 2. Kennedy 39, 3. Dubuque Senior 80, 4. Washington 85, 5. Dubuque Hempstead 134, 6. Xavier 175, 7. Waterloo West 224, 8. Mason City 233, 9. Jefferson 238, 10.

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Waterloo East 311.

### TOP 10 INDIVIDUALS

1. Allison Gregg, Cedar Falls 15:13
2. Brianna King, Cedar Falls 15:28
3. Alyssa Averhoff, Kennedy 15:42
4. Shannon Gorman, Washington 15:46
5. Jessica Rodman, Kennedy 15:46
6. Katie Wampole, Kennedy 15:52
7. Cassy Herkelman, Cedar Falls 16:08
8. Jane Bradley, Dubuque Sr. 16:10
9. Kate Halloran, Cedar Falls 16:13
10. Lauren Meyer, Kennedy 16:13

KENNEDY - 3. Alyssa Averhoff 15:42, 5. Jessica Rodman 15:46, 6. Katie Wampole 15:52, 10. Lauren Meyer 16:13, 15. Allison Culver 16:30, 21. Tara Mittelberg 16:46, 29. Megan Terukina 17:16.

WASHINGTON - 4. Shannon Gorman 15:46, 16. Madison Stuckenschneider 16:31, 18. Katie Karamitros 16:38, 22. Morgan Stuckenschneider 16:47, 25. Colby Bjornsen 16:51, 39. Joslyn Ross 17:36, 42. Anna Kline 17:40.

XAVIER - 28. Marinna Schroud 17:07, 31. Ann Glavan 17:19, 34. Lauren French 17:23, 37. Allison Pitz 17:30, 45. Rachel Sigmon 17:50, 46. Sarah Chicchelly 17:52, 52. Lauren Smith 18:06.

JEFFERSON - 27. Rachel Sedlacek 16:54, 36. Michelle Zikes 17:25, 56. Bethany Polansky 18:50, 59. Carson Burgart 19:03, 60. Rachel Broghammer 19:18, 62. Jennifer McDowell 19:31.