

IOWA CITY - Brenden Baker needs to give up gymnastics as a hobby and stick with wrestling.

It's a lot safer.

Baker broke four toes on his left foot trying to do a flip at the gymnastics academy where he works and was sidelined for three months, but he returned to the wrestling mat in fine form Thursday night to help the third-ranked Jefferson J-Hawks beat two ranked teams in a double-dual meet in Iowa City.

Baker, ranked No. 2 at 113 pounds, collected two pins in his first action of the season as Jefferson defeated seventh-ranked Linn-Mar, 45-17, and topped fifth-ranked lowa City West, 44-27, in the Mississippi Valley Conference affairs.

It was the second straight year that the vastly improved J-Hawks have defeated the two traditional MVC powers.

"This is the night I wanted to be back, for sure," said Baker. "We wanted it. Like Coach (Matt) Orton was saying, we like beating them, but it's even sweeter beating them on the same night."

Written by Jim Ecker

Thursday, 11 December 2014 23:13 - Last Updated Thursday, 11 December 2014 23:21

Baker pinned Kyle Tupper of Linn-Mar in 2:21, then stuck Hunter Davis of Iowa City West in 38 seconds.

"I thought he looked great. Typical Brenden," said Jefferson co-coach Dick Briggs, who shares the head coaching duties with Orton.

"He's just a pinner," said Briggs. "When he gets on the mat, he's so explosive."

Baker, a junior, enjoys gymnastics as a hobby, but broke his toes when he tried a flip and had a bad landing. He needed surgery and had pins inserted in his foot to keep things in place.

"I couldn't walk for eight weeks," he said. "I couldn't put any weight on it. When they removed the pins, I could start functioning on it."

Baker missed a good deal of conditioning for the wrestling season, but he looks good Thursday night.

"It's getting back to normal. It feels good," he said. "It's taken a little bit of time, but I felt really good tonight.

"I can't be as explosive, because I can't push off as well, but I'm working through it. The coaches are helping me figure out a new style."

Baker placed third at the Class 3A state meet last season and is ranked No. 2 this year behind Jack Wagner of Bettendorf.

In addition to the broken toes, Baker had a minor problem with a small amount of blood in his urine recently. That contributed to him missing the first week of the season last week.

Written by Jim Ecker

Thursday, 11 December 2014 23:13 - Last Updated Thursday, 11 December 2014 23:21



"It went away in three hours," he said. "Everything was fine. We were just worried about it. I'm fine now. It didn't affect me at all."

Jefferson (4-0) won nine of 14 matches against Linn-Mar and claimed eight of 14 bouts against lowa City West. Kyle Briggs (132), Kelly May (182), Erik Hovey (195/220) and Dalton Kuehl (285) were double-winners for the J-Hawks.

Hovey climbed a weight class and pinned Kevin Dowell of Iowa City West in 5:25 at 220 pounds in a pivotal match against the Trojans. Dowell had a 12-4 lead against Hovey, but ran out of gas and got stuck.

lowa City West trimmed Linn-Mar, 35-30, in the third meet Thursday.

JEFFERSON 45, LINN-MAR 17

170 - Nick Dreckman (J) dec. Manny Jeffery, 3-0

182 - Kelly May (J) won by forfeit

Written by Jim Ecker

- 195 Erik Hovey (J) pinned Logan Hagmeier, 3:46
- 220 Tylor Newhouse (LM) major dec. Richard Moomey, 11-3
- 285 Dalton Kuehl (J) won by forfeit
- 106 Zach Main (J) pinned Joey Sullivan, 0:42
- 113 Brenden Baker (J) pinned Kyle Tupper, 2:21
- 120 Joseph Sibomana (J) pinned CJ Garnett, 3:21
- 126 Tyler Unkel (J) dec. Zach Youngwirth, 9-5
- 132 Kyle Briggs (J) dec. Noah Ajram, 3-1
- 138 Johnny Clymer (LM) dec. Dylon Pappas, 6-3
- 145 AJ Geers (LM) def. Matt Culver, 14-10
- 152 Toby Northrup (LM) major dec. Tavian Rashed, 20-8

Written by Jim Ecker Thursday, 11 December 2014 23:13 - Last Updated Thursday, 11 December 2014 23:21
160 - Shea Hartzler (LM) dec. Luke Sedlacek, 5-2
JEFFERSON 44, IOWA CITY WEST 27
182 - Kelly May (J) pinned Karl Ratner, 0:55
195 - Donovan Doyle (ICW) pinned Richard Moomey, 0:55
220 - Erik Hovey (J) pinned Kevin Dowell, 5:25
285 - Dalton Kuehl (J) pinned Blake Moser, 1:29
106 - Alex Aguirre (ICW) dec. Zach Main, 7-2
113 - Brenden Baker (J) pinned Hunter Davis, 0:38
120 - Tanner Rohweder (ICW) dec. Joseph Sibomana, 6-0
126 - Nelson Brands (ICW) pinned Tyler Unkel, 3:12

Written by Jim Ecker Thursday, 11 December 2014 23:13 - Last Updated Thursday, 11 December 2014 23:21
132 - Kyle Briggs (132) major dec. Jakeb Bakken, 14-2
138 - Carter Rohweder (ICW) pinned Dylon Pappas, 1:10
145 - Matt Culver (CRJ) major dec. Tyler Yoerger, 16-3
152 - Tavian Rashed (J) pinned Ben Bertell, 0:57
160 - Luke Sedlacek (J) pinned Samy Cayler, 1:27
170 - Nate Kelsay (ICW) dec. Dick Dreckman, 7-2
IOWA CITY WEST 35, LINN-MAR 30
195 - Khalloe Jordan (ICW) won by forfeit
220 - Donovan Doyle (ICW) won by forfeit

- 285 Blake Moser (ICW) pinned Tylor Newhouse, 1:30
- 106 Alex Aguirre (ICW) major dec. Joey Sullivan, 11-2
- 113 Kyle Tupper (LM) dec. Hunter Davis, 5-3
- 120 Tanner Rohweder (ICW) pinned CJ Garnett, 2:55
- 126 Nelson Brands (ICW) major dec. Zach Youngwirth, 17-6
- 132 Noah Ajram (LM) dec. Jakeb Bakken, 7-0
- 138 Carter Rohweder (ICW) dec. Johnny Clymer, 6-2
- 145 AJ Geers (LM) dec. Tyler Yoerger, 9-2
- 152 Toby Northrup (LM) pinned Ben Bertell, 1:26
- 160 Manny Jeffery (LM) pinned Sam Cayler, 1:08
- 170 Shea Hartzler (LM) dec. Nate Kelsay, 11-8
- 182 Logan Hagmeier (LM) won by forfeit